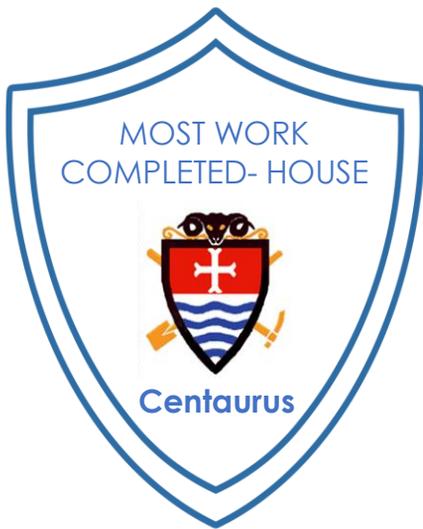




YEAR 9 - WEEK 2 SUMMER TERM



A huge well done to all the students that have completed their home learning this week



This 'Newsletter' is designed to give you key updates, celebrate your success and signpost you to any support you might need.

So we start week three of the summer term, 2020 from our homes! I know for some of our families it has been a case of getting into your stride, whilst for others, the challenges of 'school at home' whilst parents are doing their own jobs and children completing their lessons have been greater. We are here to support you and your family so do get in touch if you need any assistance. Our subject leaders are currently putting together a reading/enrichment list for each of their subjects that we hope to be able to share in the next few of days that we hope will support our families in providing a wealth of suggestions for our families.

Mr Goodwin has emailed all our students and parents with a reminder of how to **keep safe online**. Parents, please do speak to your children about how to protect themselves on social media and the internet. Again, if you require any assistance or advice then please do use what we have shared or contact us if you need to.

On a lighter note, this week, we hope to share our Teign School staff video to give you an insight into how our staff are coping at home in lockdown.

It is extremely humbling to be part of a community where we continually hear stories and accounts of how we are looking after one another. Do let us know if you need our help or assistance for your family, yourself or your child. I hope the week ahead is a positive one for you and your families.

With best wishes and stay safe,
Mrs Wharf





Have you downloaded the Epraise app?
 It is available for **free** in both Android and Apple formats and is the best way to keep on top of home learning and keep in touch
Don't forget to enable 'push notifications'

TEIGN SCHOOL VISION AND ETHOS
 Pride through success

A love for learning

Ready for the world

Centre of the community

Celebrate achievement for all

Your 'Best' mind-set

Support each other

PE SHOUT OUTS

- 9X1 – Olivia H
- 9X3 – Will T
- 9Y1 – Isha C
- 9X2 – Teagan C
- 9Y2 – Freya C / Eliya G

BURPEE CHALLENGE LEADERBOARD

9X1	Girls – Ava (28)	Boys – Nathan (31)
9X2	Saharah H (50!)	
9X3	Oli Hall (27)	
9Y1	Girls – Elise (28)	Boys – Alfie W & Ben (24)
9Y2	Emily W (56!)	
9Y3	Jack D (33) / Rose Y (31)	

We are loving how active you are trying to remain during this time and especially how you are getting other family members involved. You will have all received an email which contains a link to additional activities you may wish to use to help support you keeping active on top of your lessons. There are recommended apps, websites and documents for you to use how you wish and the PE department will keep adding to these for you.

We are launching the #healthselfie challenge for all of Teign School. Email your pictures or videos of you on your daily exercise, PE lesson or family workout to your PE teacher! Look out for photos of your teachers in next week's newsletter!

Book Award Shortlist

If you are looking for a new reading book to order, then the 8 books below are definitely worth considering. These 8 books have been shortlisted to win the 2020 CILIP Carnegie Medal (the UK's oldest book award for children & young people).

- The Black Flamingo by Dean Atta, illustrated by Anshika Khullar
- Nowhere on Earth by Nick Lake
- Lark by Anthony McGowan
- Patron Saints of Nothing by Randy Ribay
- Lampie, written and illustrated by Annet Schaap
- Voyages in the Underworld of Orpheus Black by Marcus Sedgwick and Julian Sedgwick, illustrated by Alexis Deacon
- On the Come Up by Angie Thomas
- Girl. Boy. Sea. by Chris Vick

Year 9 Birthday wishes

I just wanted to say a Big Happy Birthday to Ava, Josh, Evie, and Mia who had their Birthdays last week and to Archie and Luke for this week.

Break time teaser Challenge

	4				2		1	9
			3	5	1		8	6
3	1			9	4	7		
	9	4						7
2						8	9	
		9	5	2			4	1
4	2		1	6	9			
1	6		8				7	

This week if you correctly complete the sudoku and send me your answers you will be entered into a raffle prize draw to win some **Chocolate!**

3 Prizes available.
Entries to Mr Duke by Friday 3:15pm

Winners announced next week.

Wellbeing top tips

1	Stay connected with others	Maintaining relationships is important: stay in touch with your friends and family through phone calls, messages and social media. There are lots of apps where you can video call multiple people at the same time, like Zoom, House Party, Skype and WhatsApp. Try a group video chat with several of your friends or family – on House Party you can play games and do quizzes at the same time.
2	Stay physically active	Current government advice says that you can leave the house for one form of exercise a day, e.g. a run, walk, or cycle, so make the most of it and get out of the house once a day. Don't want to leave the house? Join Joe Wicks every morning at 9am on YouTube for 'PE with Joe', an easy 30-minute workout you can do in front of your TV - you could video call your friends at the same time!
3	Talk about your worries	It's totally normal to feel a bit worried, scared or helpless about the current situation. It's important to talk to people you trust; doing so may help them just as much as you. If you don't feel you can speak to your friends or family, there are lots of helplines you can access. Your school may have more information on their own website with wellbeing suggestions.
4	Look after your sleep	Try and go to bed at the same time you would normally – it's important to maintain regular sleeping patterns. Avoid screens an hour before bed, don't drink anything with caffeine and create a restful environment. For more ideas on how to get a good night's sleep, visit the NHS Every Mind Matters
5	Manage your media	24-hour news and constant social media updates can you make you more worried. Try and limit the information (e.g. only once a day) and make sure you are getting the facts from a reliable source. For example www.gov.uk or the NHS website.
6	Take time to relax	Taking time to relax and to clear your mind can help you manage your emotions and improve your wellbeing. Try downloading a mindfulness app like ThinkNinja, start a new book or have a bath.
7	Make a new daily routine	Life is different for all of us at the moment and will be this way for a while. It's important to establish a new daily routine. Try to set a time to get up and a time to go to bed. During the day, engage in useful and meaningful activities like schoolwork, cooking, exercise, helping around the house, or phoning a friend. It might help you to write it down.
8	Do things you enjoy	You are being set schoolwork to do by your teachers, but it's just as important to spend time doing things you enjoy. Adapt your hobbies so you can still do them inside. You may like to post your ideas on social media or video sharing websites so other people can try them too. For example: like football? Try toilet roll keepie-uppies!
9	Set yourself goals	Setting goals and achieving them gives a sense of control and purpose. Think about things you want to do that you can still do at home: watching a film, reading a book or learning something online. You could keep a lockdown diary or write a blog, or learn a new language using an app like Memrise or Duolingo.
10	Keep your mind active	Try not to just stare at a screen all day. Keep your brain active by reading, writing, playing board games, doing crossword puzzles, number puzzles, jigsaws, drawing, painting, gardening – find something that works for you!

Year 9 Curriculum and Learning Platforms during School Closure due to Covid-19

Subject	Summary of learning for this half term	Online platforms being used (apart from Epraise)
English	Introduction to 'An Inspector Calls'	Teams
Maths	Enlargement, similarity & congruence, transformations, plans & elevations & speed.	SPARX / Mathswatch.
Science Biology	Organisation/ Infection and Response	Teams
Science Chemistry	The Earth's atmosphere / Crude oil and its uses	Teams
Science Physics	Electricity – mains, the National Grid, wiring plugs	Teams
Geography	Coasts – physical landforms	Teams
History	The Norman Conquest Crime and Punishment revision	Teams
MFL- French	Festivals and Traditions	Teams/ quizlet/ languagegym/ ActiveLearn
MFL- Spanish	Technology and Relationships	Teams/ quizlet/ languagegym/ ActiveLearn
Art	Complete Natural Forms and Manmade Objects final ideas. Starting new Portrait project and critical study work.	Teams
Photography	Natural Forms project and critical study work	Teams
Drama	Developing drama knowledge of techniques and terminology. Theatre roles	Epraise with attached PDF GCSE drama bitesize
Music	Music Explorers Booklet & General Music knowledge online	Teams, Onedrive & Focus on Sound
Technology DT	Robotics investigation and CAD	Teams
Technology Food	Street Food Project – mock of NEA	Teams

Year 9 Curriculum and Learning Platforms during School Closure due to Covid-19

Subject	Summary of learning for this half term	Online platforms being used (apart from Epraise)
Business	Finishing Unit 1: Operations management and Internal/external factors that impact a business	Teams
Core PE	1 x Fitness lesson 1 x Skill based lesson KO on Physical, Social and Mental wellbeing (set for term) Daily Joe Wicks on YouTube	Teams PDF shared on epraise YouTube
GCSE PE	Recapping Paper 1 content so far Musculoskeletal system Components of Fitness Training Methods	Teams The Everlearner
PE OCR CN	R053 Leadership in Sport Tasks	Teams
BVC	Christian Beliefs (The Crucifixion, Resurrection & Ascension, Sin & Salvation, The Afterlife)	PDF shared on epraise Teams Seneca
Computing	Computer Systems Cyber Security Networks	Seneca Learning and Cornell Notes sent via email
Creative I Media	Mood boards and Mind Maps with exam questions	Teams
Land Based Studies	Animal diets and digestive systems	Teams