

YEAR 8 - WEEK 2 SUMMER TERM



A huge well
done to all the
students that
have
completed
their home
learning this
week



This 'Newsletter' is designed to give you key updates, celebrate your success and signpost you to any support you might need.

BVC Challenge of the Week

Celebrating and sharing positives is important. We would like to invite you to take part in a kindness challenge.

Think about your kind acts for this week; plan out some opportunities to be kind, and look out for a kind act(s) someone does for you that make you feel happy.

You will find a blank kindness calendar template at the link below, alongside an annotated example and a video from Mrs Evans explaining how it works.

https://educationsouthwest-my.sharepoint.com/:f:/g/personal/lucie_wagner_teignschool_org_uk/EsDi94uM6CJHuLW45BEOdX8Be6vLOgnpcBEdSPwHh1jPPg?e=qg7QWR

You can either print it off to fill in, insert text boxes on the Word document or create your own using the template.

Send your calendars for the week into school so we can see the amazing things you have done to be kind, to celebrate the power of kindness.

Perhaps afterwards you could keep it up for the next month - its a great way to look back and reflect on what you have done for others.

Please send your calendars to admin@teignschool.org.uk

Resource courtesy of the British Cross





So we start week three of the summer term, 2020 from our homes! I know for some of our families it has been a case of getting into your stride, whilst for others, the challenges of 'school at home' whilst parents are doing their own jobs and children completing their lessons have been greater. We are here to support you and your family so do get in touch if you need any assistance. Our subject leaders are currently putting together a reading/enrichment list for each of their subjects that we hope to be able to share in the next few of days that we hope will support our families in providing a wealth of suggestions for our families.

Mr Goodwin has emailed all our students and parents with a reminder of how to **keep safe online**. Parents, please do speak to your children about how to protect themselves on social media and the internet. Again, if you require any assistance or advice then please do use what we have shared or contact us if you need to.

On a lighter note, this week, we hope to share our Teign School staff video to give you an insight into how our staff are coping at home in lockdown. It is extremely humbling to be part of a community where we continually hear stories and accounts of how we are looking after one another. Do let us know if you need our help or assistance for your family, yourself or your child. I hope the week ahead is a positive one for you and your families.

With best wishes and stay safe,
Mrs Wharf



A big shout out to the following students who all have birthdays this week, James Ellis, Reuben Colwill-Parker, Lily Harry, Myles Gilpin and Summer Gould, I hope you all have a lovely days and manage to celebrate 😊

I'm really impressed with the work you are producing, especially 8C, top Tutor Group again. Please ask your teachers if you are stuck, just email us, we like hearing from you 😊

Student Support

We have now set up a 'Student Support Page' where you can access lots of information on a range of areas including mental health and emotional wellbeing, useful websites, and safeguarding advice.

You can access it here <https://educationsouthwest.sharepoint.com/sites/ssc>



Teign School

6 hrs · 🌐

A massive thank you to all NHS staff, Carers and Keyworkers from everyone at Teign School.



Like us on Facebook for lots of updates and positive messages



When the Staff of Teign School were asked what they wanted for the students of Teign School they responded with:



TEIGN SCHOOL

epraise.co.uk

Have you downloaded the Epraise app?
It is available for **free** in both Android and Apple formats and is the best way to keep on top of home learning and keep in touch

Don't forget to enable 'push notifications'

FUN FACTS

- The chameleon has a tongue that is 1.5 times the length of its body!
- Cows can sleep standing up.
- Elephants purr like cats do, as a means of communication.
- If all the blood vessels in your body were laid end to end, they would reach about 60,000 miles
- In one day your heart beats 100,000 times.
- The width of your armspan stretched out is the length of your whole body.



| Tutor group | Student of the week |
|-------------|---------------------------------|
| 8A | Myles Gilpin |
| 8B | Maddi Faulkner |
| 8C | Ella Mollart |
| 8D | Erin Morris / Aydan Shaddick |
| 8E | Holly Crimp / Lennon Fisher |

Well done to all the above students, you've all done so well this week 😊

<https://www.ted.com/talks>

Very interesting website, it was a 'Ted Talk' by Bill Gates that predicted a virus pandemic several years ago!

Speed Bounce leaderboard

| | |
|-----|----------------------------------|
| 8T1 | Molly L (157) |
| 8T2 | Harrison F (131) |
| 8T3 | Victoria F (70) |
| 8R1 | Sophie O (100) / Bobbie L-W (75) |
| 8R2 | Sam L (110) |



Year 8 Top Reading Effort

Well done to the following students who have been taking lots of book and vocabulary quizzes since the Easter holidays. As a year group you have taken 47 quizzes in 9 days – let's see if you can double this by next week! Remember you can quiz on audio books (from Audible) as well as print books you have at home.

Kiera Evans, Kasa Cornelius, Jemma Bradford, Victoria Fleet, Caitlin Heath, Tegan White, Reece Kennedy, Milly La Trobe, Ella Mollart, Emma Pickett, Hattie Taylor.

PE SHOUT OUTS THIS WEEK

8R2 - Rose Narramore

8T1 – Alex McCarthy-Mason, Emma Pickett, Holly Crimp, Holly Beer

8T2 – Joseph Tinkler, Sam Williamson & Joseph Humphries



Wellbeing top tips

| | | |
|----|-----------------------------------|---|
| 1 | Stay connected with others | Maintaining relationships is important: stay in touch with your friends and family through phone calls, messages and social media. There are lots of apps where you can video call multiple people at the same time, like Zoom, House Party, Skype and WhatsApp. Try a group video chat with several of your friends or family – on House Party you can play games and do quizzes at the same time. |
| 2 | Stay physically active | Current government advice says that you can leave the house for one form of exercise a day, e.g. a run, walk, or cycle, so make the most of it and get out of the house once a day. Don't want to leave the house? Join Joe Wicks every morning at 9am on YouTube for 'PE with Joe', an easy 30-minute workout you can do in front of your TV - you could video call your friends at the same time! |
| 3 | Talk about your worries | It's totally normal to feel a bit worried, scared or helpless about the current situation. It's important to talk to people you trust; doing so may help them just as much as you. If you don't feel you can speak to your friends or family, there are lots of helplines you can access. Your school may have more information on their own website with wellbeing suggestions. |
| 4 | Look after your sleep | Try and go to bed at the same time you would normally – it's important to maintain regular sleeping patterns. Avoid screens an hour before bed, don't drink anything with caffeine and create a restful environment. For more ideas on how to get a good night's sleep, visit the NHS Every Mind Matters |
| 5 | Manage your media | 24-hour news and constant social media updates can make you more worried. Try and limit the information (e.g. only once a day) and make sure you are getting the facts from a reliable source. For example www.gov.uk or the NHS website. |
| 6 | Take time to relax | Taking time to relax and to clear your mind can help you manage your emotions and improve your wellbeing. Try downloading a mindfulness app like ThinkNinja, start a new book or have a bath. |
| 7 | Make a new daily routine | Life is different for all of us at the moment and will be this way for a while. It's important to establish a new daily routine. Try to set a time to get up and a time to go to bed. During the day, engage in useful and meaningful activities like schoolwork, cooking, exercise, helping around the house, or phoning a friend. It might help you to write it down. |
| 8 | Do things you enjoy | You are being set schoolwork to do by your teachers, but it's just as important to spend time doing things you enjoy. Adapt your hobbies so you can still do them inside. You may like to post your ideas on social media or video sharing websites so other people can try them too. For example: like football? Try toilet roll keepie-uppies! |
| 9 | Set yourself goals | Setting goals and achieving them gives a sense of control and purpose. Think about things you want to do that you can still do at home: watching a film, reading a book or learning something online. You could keep a lockdown diary or write a blog, or learn a new language using an app like Memrise or Duolingo. |
| 10 | Keep your mind active | Try not to just stare at a screen all day. Keep your brain active by reading, writing, playing board games, doing crossword puzzles, number puzzles, jigsaws, drawing, painting, gardening – find something that works for you! |

Year 8 Curriculum and Learning Platforms during School Closure due to Covid-19
(All work/links are also set on Epraise)

| Subject | Summary of learning for this half term | Online platforms being used (apart from Epraise) |
|-----------------|---|--|
| English | Literary Allusions & Classical Mythology (If you can't access the work, any learning about Greek myths & legends would be good!) | Teams |
| Maths | Angles, forming equations, surface area of 3D shapes, pie charts and bearings. | SPARX |
| Science | The Human Body/ Forces | Teams |
| Geography | Development | Teams |
| History | Slavery: Triangular Trade, the Middle Passage, plantations life, slave rebellions and the ending of slavery | Teams |
| MFL- French | Home and Local Area | Teams/ quizlet/ languagegym |
| MFL- Spanish | Celebrations and Going Out | Teams/ quizlet/ languagegym |
| Art | Henry Moore critical study and Figure Drawing | Teams |
| Drama | Developing drama knowledge of techniques and terminology. | Epraise attached PDF |
| Music | General music single lesson tasks based on skills | Teams/ Focus on Sound |
| Technology | <u>Business Rotation:</u> Famous Businesses and Marketing <u>Food rotation:</u> healthy eating | Teams |
| PE | 1 x Fitness lesson 1 x Skill based lesson KO on Muscular system (set for term) Daily Joe Wicks on YouTube | Teams PDF shared on epraise YouTube |
| BVC | Human Rights (Universal Declaration of Human Rights, Rights of the Child, Human Rights activists – Jesus, Martin Luther King, Nelson Mandela) | PDF shared on epraise Teams |
| ICT / Computing | Binary Internet Safety Cyber Security Hardware and Software | Seneca Learning |