



YEAR 10 - WEEK 8 SUMMER TERM

This 'Newsletter' is designed to give you key updates, celebrate your success and signpost you to any support you might need.

Dear all,



We are delighted that today we have welcomed back some of our Year 10 and 12 students onto the school site for some face to face contact with school staff. I know that many of the children are missing the social interactions and routines of school and I thank parents and carers for their support in continuing to support their child's education as the term progresses. Sadly, we know that we will not see many of our students this side of the summer holiday and with 5 weeks to go before the end of term it is vital that we maximise the opportunities for learning. Staff have been gaining confidence in using 'Microsoft Teams' as a mechanism for 'live' lessons and these should be happening more frequently so do continue to encourage your children to stick to the school timetable as much as is possible (taking into account your own set of home circumstances). If your child is having difficulties accessing any of their work or there are challenges arising you need support with then please do contact us. We are here to help!

We will continue to follow the guidance issued by the Government for schools to follow in order to maximise our educational effectiveness whilst minimising the risks for our school community.

Let me finish with some good news:

I had a site visit of the new science block this morning and it is progressing well which is fantastic and will give us 7 brand new Science labs to use.

Mrs Halse is setting up a mechanism for school library book loans, so look out for that. The PE department have got some excellent plans afoot to mobilise the students and staff for National Schools' Sports Week. Do get involved!

With best wishes
Suzannah Wharf





This week sees many of you returning to school. Even that one day in school will make such a difference. We have put lots of steps in place to ensure you are safe. Keep an eye out for the new one way system. You will still be able to access live lessons in school but do remember your headphones. Staff will be with you to help and support you in your learning. For those not coming in there will still be work set online.

It was an absolute pleasure to greet some of you as you arrived this morning and lovely to hear the school with some life in it again.

Don't forget we are here should you need support or a chat. Please do email hannah.epps@teignschool.org.uk

Student Support

We have now set up a 'Student Support Page' where you can access lots of information on a range of areas including mental health and emotional wellbeing, useful websites, and safeguarding advice.

You can access it here

<https://educationsouthwest.sharepoint.com/sites/ssc>

Please support the school in taking care of students during remote learning by reporting any illness. If we know a student has been unwell we can ensure teachers and pastoral staff are aware that work engagement rates may drop. You can contact the school on 01626 366969
admin@teignschool.org.uk



Like us on Facebook for lots of updates and positive messages

epraise.co.uk

Have you downloaded the Epraise app?

It is available for **free** in both Android and Apple formats and is the best way to keep on top of home learning and keep in touch

Don't forget to enable 'push notifications'

When the Staff of Teign School were asked what they wanted for the students of Teign School they responded with:



Supporting Year 10



Enrichment for Year 10 P3

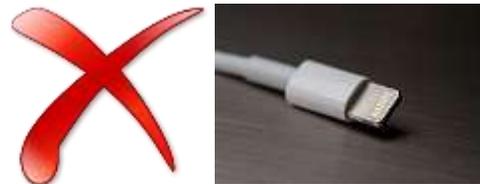
Good News!

This week your teachers will not be setting you work for p3 of each day. Instead we would like you to do one of the enrichment activities that can be found in the booklet that has been emailed to you and your parents.

There are suggested books, websites and links to a wide variety of clips and films for you to use.

Are you ready to come back?

School bags should be packed and bus passes located. Make sure that **you get some headphones with a minijack on (not iphone plug) so that you can access audio on the computers.**



1. Set your alarm and get used to waking up as you would for a normal school day
2. Get in to a daily routine setting out clear working times and breaks.
3. Set regular eating times
4. Drink lots of fluid
5. Make sure that you are still practising the protective steps – regular hand washing, not touching your face, covering your mouth if you cough etc
6. Remember to practise social distancing – 2m
7. If you are a hay fever sufferer make sure you are taking the necessary medications.
8. Get up to date with all work set last half term
9. Organise your online files in to subject folders
10. Find your school bag!

LEARNING PLATFORMS AND TOPICS

Make sure you check the final page of the newsletter for the **UPDATED** version of the Curriculum and Learning Platforms info.



Library News

#EmpathyDay News and Pictures

On Tuesday 9th June Teign school joined in with Empathy Day across the nation. This ability to step into someone else's shoes is important as a human skill to build relationships and feel happy in yourself.



Teign School's Empathy Tree was unveiled by Mrs Wharf as part of the Empathy Day activities. The tree displays book review leaves, student 'Acts of Kindness' and Empathy posters inspired by reading books and understanding the issues raised.

After reading the book I want to do the following:

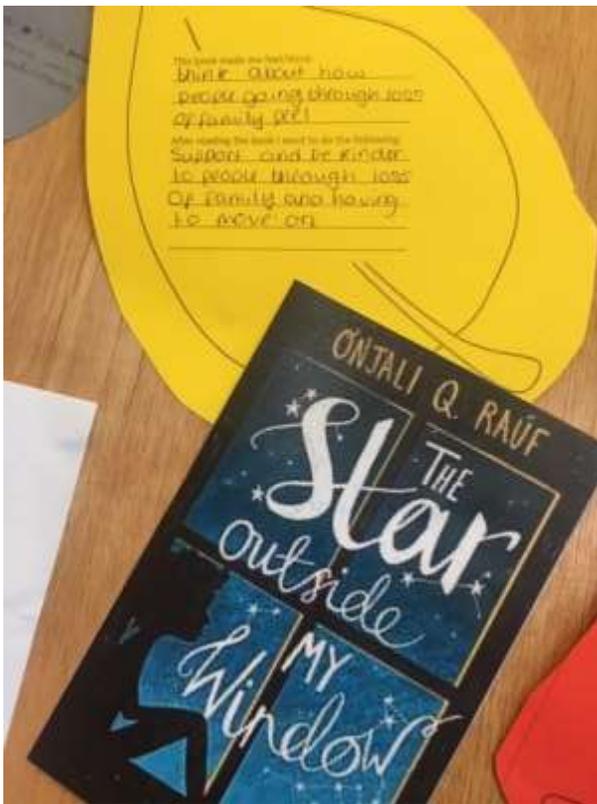
After reading the book, I want to read more empathy books.

This book made me feel/think:

Sorry for the people going through this problem and gave me more respect for people.

After reading the book I want to do the following:

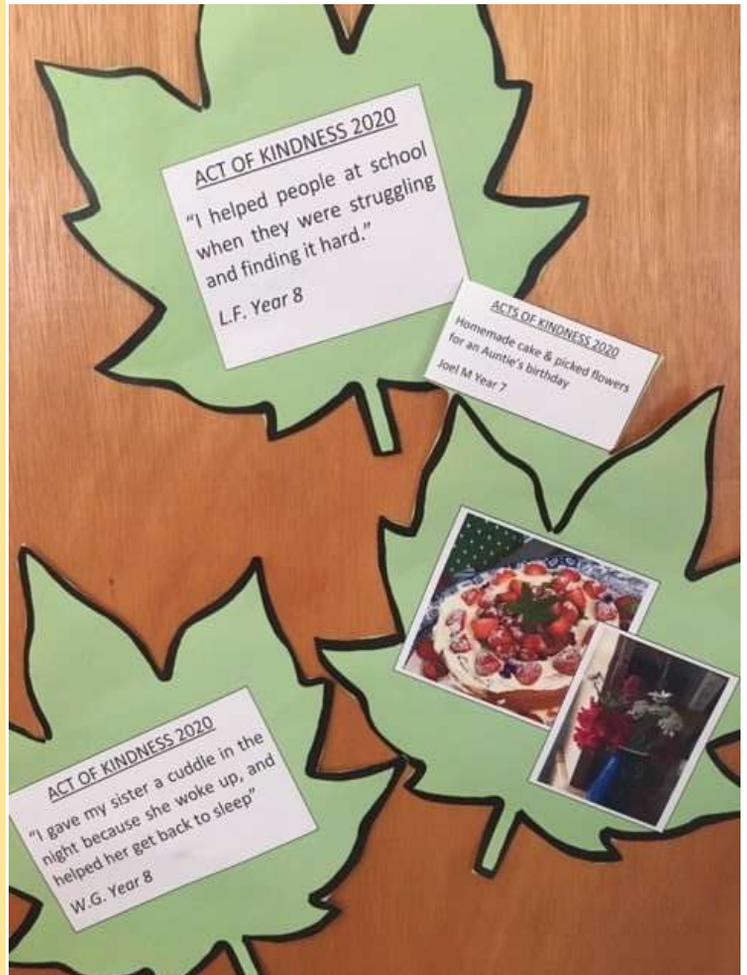
Support any one going through problems and any refugees.



The #ReadforEmpathy collection is available to all years on ePlatform at <https://teignschool.eplatform.co/> or on the ePlatform (from Wheelers) App

- 1) Select Teign school
- 2) Login using your school email address and normal password
- 3) Borrow an eBook or Audiobook for free!

Simple!



PE NEWS



**BE ACTIVE
BE HAPPY
BE HEALTHY**
- THE PE DEPARTMENT

WELCOME TO OUR NEW WEBSITE!
KEEP UP TO DATE WITH ALL THINGS PE

We have a new website on sharepoint. Click the link on your school email & keep up to date with all things PE!

You can also download the sharepoint app and search for Teign PE

YOUTH SPORT TRUST
NATIONAL SCHOOL SPORT WEEK 2020 AT HOME
supercharged by **sky sports**
Saturday 20 - Friday 26 June
#NSSWtogether

Next week is National School Sports Week!

This year, the Youth Sport Trust has teamed up with Sky Sports to run a national campaign which will aim to unite the country - families, schools, sport and businesses - in a celebration of the power of sport to bring people together, even during isolation.

The UK-wide campaign will encourage people to take on their families, friends and neighbours in virtual sporting challenges.

We normally have lots of activities going on in school but this year we are bringing NSSW to your homes. We have signed up along with over 1000 other schools across the UK and there will be lots of activities we want you to get involved in during next week's drop and read/enrichment hour. Look out for more information later this week and in next week's newsletter

PE NEWS

Activity Break videos

The PE Department have to put together 5 short activity break videos which you can complete throughout the day to keep yourself moving, feeling energised and the blood pumping to increase oxygen flow to your brain.

It is proven that regular breaks can increase your motivation and productivity whilst helping to relieve any aches and tension caused from sitting doing your work.

Click on the link below to head to our playlist and follow the videos in order throughout the day.

We suggest the following schedule but you can complete as many as you like in a suitable time for you;

Before you start work - Video 1 Morning motivation

After completing your first lesson – Video 2 Body & Mind stretch

After completing your second lesson – Video 3 123 Energiser

After completing your 3rd lesson – Video 4 BrainGym

At the end of the school day – Video 5 Muscle stretch & relax

[LINK: 5 min Activity Break videos](#)



PE NEWS



A reminder if you have yet to do so that we want ALL students to have downloaded and signed up to miMove to track ANY physical activity you do. This could be; running, playing in the garden, Skateboarding, home workouts, PE lessons and much, much more!

Please email your teacher if you need help



PE SHOUT OUTS

This week's miMove data

TUTOR GROUP	Number of students logging physical activity	Total combined active minutes	Top mover
10A	6	945	Leela G (255)
10B	7	510	Jess B (120)
10C	8	1500	Ella B (510)
10D	8	1440	Mya J (510)
10E	8	855	Daisy G (285)
10F	6	510	Jack W (285)



MATHS PHOTO COMPETITION

One of the huge benefits of our current way of life is the time we now have to take notice of the world around us. Maths is all around us. In fact, you don't have to look very far to see it. Whether you prefer manmade patterns and designs, or are more a fan of nature, the chances are that mathematics has featured pretty heavily in its architecture.

The Mathematics Department has a challenge for all you budding photographers during the month of June...

“Send us a photo that captures a mathematical pattern in life”



We will feature some of the most beautiful, interesting, and unusual photos on the school's social media and in the year group newsletters. Please send an email with the following text and your photo to: sarah.kussel@teignschool.org.uk

I confirm that I have taken the attached photo and that I am happy for you to use it on social media and school publications.

NAME:

TUTOR GROUP:

There are just a couple of rules before you start:

- **No photos containing people (their consent is required for these so unfortunately, we cannot use them).**
- **One entry per person.**
- **We will only accept emails from Teign School email accounts.**

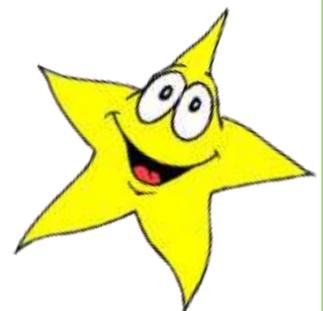
Super Stars

An extra special mention to these students for the amount of work they have completed this week

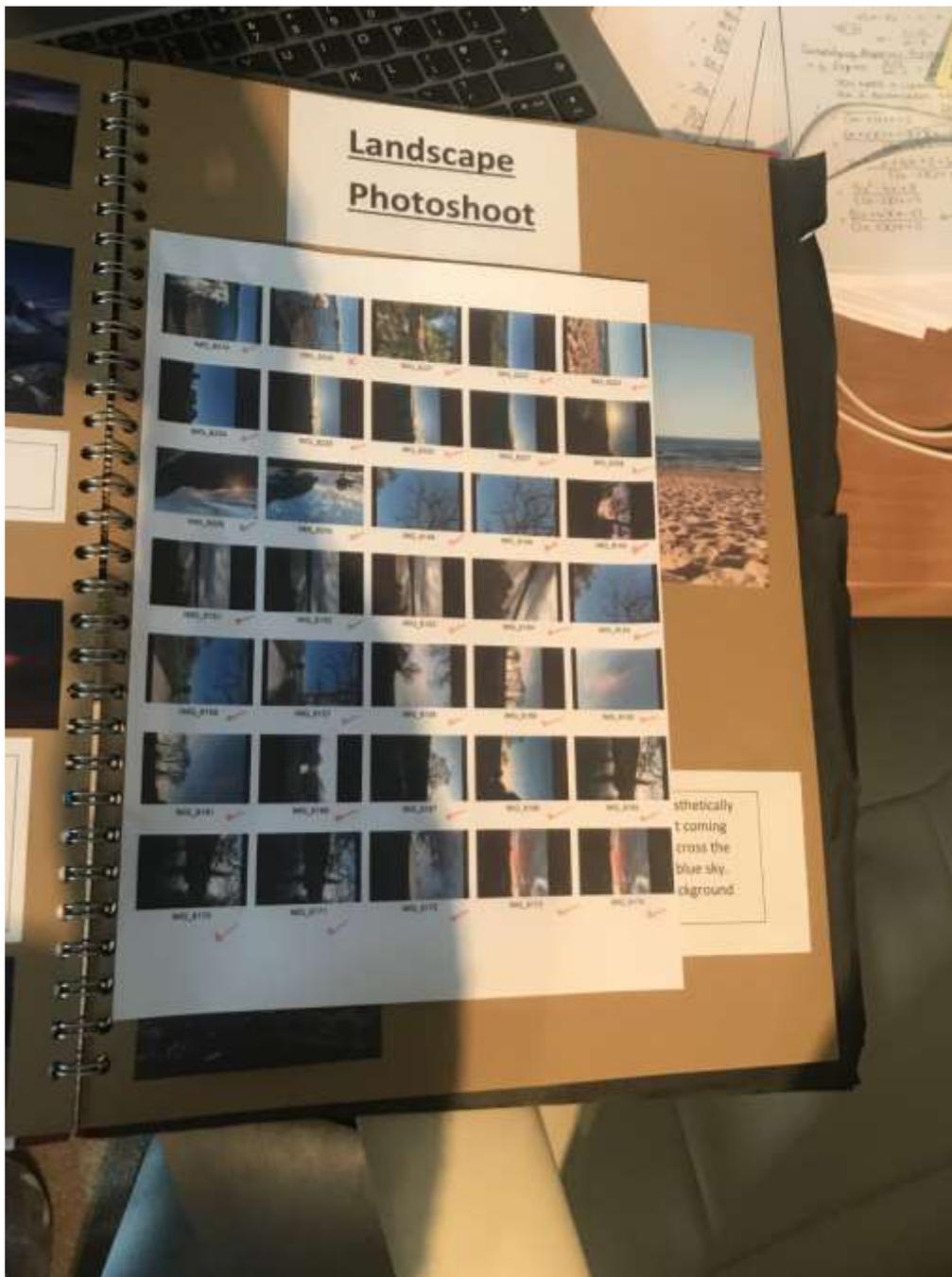


Hannah
Zoe
Charlotte
Joseph
Liam
Callum
Ella
Lottie
Ben
Bella
Eve
Lauren
Joe
Luca
Samuel
Harry
Leela
Maya
Oliver
Ben

Mya
Daisy
Connor
Sam
Fenella
Shakeira
William
Kayla
John
Holly
Tegan
Jemma
Tess
Amy
Oliver
Jacob
Lilly
Millie
Billy
Jack
Amelia



ART & PHOTOGRAPHY Shout out



Hannah Chambers

PRAISE Shout Outs

ENGLISH

Amelia Wilson (for her creativity and consistently high quality of work)

MFL

Hannah Best
Zoe Best

BVC

Jack Warren,
Will Narramore
Hayden Prin.

Geography

Harry Frampton
Charlie Salter
Ella Brooks
Joe Evans

★ HAPPY ★
BIRTHDAY!

MILLIE TAYLOR
BILLY TURVEY



MATHS

Shea	Garrigan
Logan	Carnell
Sam	Forey
Tom	Beer
Caitlin	Harry
Billy	Turvey

ART

DAISY STOCKS
SAM MOOREY
SAM FOREY
EVE DICKENS
GRACE SMARIDGE
TOBY MASON

Science

Outstanding work -
Connor Merrifield
Harry Frampton
Maya Goldsworthy
Dom La Trobe
Daisy Mead
Fenella Morrell
Will Narrowmore
Sean Woodley
Mya Jones
Olivia Grice

Continued great effort-Oli
Shears
Tegan Rowe
Cerys Gittos
Grace Smaridge
Dan Osbourn
Caleb Lindon Emms
Kayla North

A Culinary journey around the globe – Catch up each week for a new dish.

As an extra curricular activity which included Geography and BVC, my family and I decided to get a scratch map of the world. The idea is to choose a country, research it and pick a traditional dish to make and eat. On Saturday we made a Venezuelan dish called Pabellon Criollo. It is made up of: Pulled beef, Black beans, white rice and fried plantain. The colours of the dish are meant to represent the union of the Europeans, Africans and the indigenous people. We couldn't find plantain so had to use banana instead! It was nice but I didn't like the fried banana. If we make it again I think we will have to get some plantain.

Next week we are off to Ecuador!

Ruby Y10



Pabellon Criollo - Pulled beef, Black beans, white rice and fried plantain



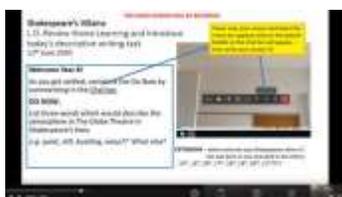


Year 10 Tutor Update



Miss Kent

I am really looking forward to seeing more students this week in person as Year 10 return to school... instead of just over cyberspace (and getting used to seeing myself on screen is something I never thought I would have to do!



There I am! 😊

We hope you are looking forward to it as much as the staff and that you get a lot of benefit from seeing your peers and being in the school environment again.

Mr Bere

My evenings are spent in the workshop at the moment hacking some wood into some sort of shape. Not sure what it is yet. Any suggestions welcome. Send them to me on a postcard to K5, K Block, Teign School



Mr Williamson

With lockdown rules being slowly relaxed, my mind has turned to a 'bucket list' of places I'd like to go once we are able to. Being an outdoors-y type, camping and exploring by hiking, kayaking and cycling often feature



Current plans include; climbing mountains in Snowdonia and sea kayaking in Cornwall. This picture has brought back memories of a rock climbing trip I did years ago. Hmm.. do I still have a head for heights I wonder?

Mr Mercy

Mr Mercy is well into the swing of parenting, late, late nights & early mornings... Some even blend into one... But wouldn't change what he has! Ellie at 1 week ♡



Mr Rose

This week it's been fairly uneventful, I've read some interesting books, gone for some great walks, splashed in some beautiful rivers and found this damselfly nymph. I hope the way it turns from this ugly creature to the vibrant one it does it an apt metaphor for 2020. I've also eaten some wild strawberries! Can't wait to see some of you this week!



Mrs Epps

Its been a week of more gardening, happy home school and hiding from my sons latest obsession – his pet leeches. This is one of my least favourite creatures along with scorpions. Why would you keep them as pets?



Wellbeing top tips

1	Stay connected with others	Maintaining relationships is important: stay in touch with your friends and family through phone calls, messages and social media. There are lots of apps where you can video call multiple people at the same time, like Zoom, House Party, Skype and WhatsApp. Try a group video chat with several of your friends or family – on House Party you can play games and do quizzes at the same time.
2	Stay physically active	Current government advice says that you can leave the house for one form of exercise a day, e.g. a run, walk, or cycle, so make the most of it and get out of the house once a day. Don't want to leave the house? Join Joe Wicks every morning at 9am on YouTube for 'PE with Joe', an easy 30-minute workout you can do in front of your TV - you could video call your friends at the same time!
3	Talk about your worries	It's totally normal to feel a bit worried, scared or helpless about the current situation. It's important to talk to people you trust; doing so may help them just as much as you. If you don't feel you can speak to your friends or family, there are lots of helplines you can access. Your school may have more information on their own website with wellbeing suggestions.
4	Look after your sleep	Try and go to bed at the same time you would normally – it's important to maintain regular sleeping patterns. Avoid screens an hour before bed, don't drink anything with caffeine and create a restful environment. For more ideas on how to get a good night's sleep, visit the NHS Every Mind Matters
5	Manage your media	24-hour news and constant social media updates can make you more worried. Try and limit the information (e.g. only once a day) and make sure you are getting the facts from a reliable source. For example www.gov.uk or the NHS website.
6	Take time to relax	Taking time to relax and to clear your mind can help you manage your emotions and improve your wellbeing. Try downloading a mindfulness app like ThinkNinja, start a new book or have a bath.
7	Make a new daily routine	Life is different for all of us at the moment and will be this way for a while. It's important to establish a new daily routine. Try to set a time to get up and a time to go to bed. During the day, engage in useful and meaningful activities like schoolwork, cooking, exercise, helping around the house, or phoning a friend. It might help you to write it down.
8	Do things you enjoy	You are being set schoolwork to do by your teachers, but it's just as important to spend time doing things you enjoy. Adapt your hobbies so you can still do them inside. You may like to post your ideas on social media or video sharing websites so other people can try them too. For example: like football? Try toilet roll keepie-uppies!
9	Set yourself goals	Setting goals and achieving them gives a sense of control and purpose. Think about things you want to do that you can still do at home: watching a film, reading a book or learning something online. You could keep a lockdown diary or write a blog, or learn a new language using an app like Memrise or Duolingo.
10	Keep your mind active	Try not to just stare at a screen all day. Keep your brain active by reading, writing, playing board games, doing crossword puzzles, number puzzles, jigsaws, drawing, painting, gardening – find something that works for you!

**Year 10 Curriculum and Learning Platforms during School Closure due to Covid-19
(All work/links are also set on Epraise)**

Subject	Summary of learning for this half term	Online platforms being used (apart from Epraise)
English	GCSE English Literature Revision: 'An Inspector Calls	Teams
Maths	Velocity, Histograms, Functions, compound measures,	Teams, Mathswatch
Science Biology	Topic 3 Infection and Response Topic 7 Ecology	Microsoft Teams
Science Chemistry	Topic 7 Organic Chemistry Topic 10 Using Resources	Microsoft Teams and Seneca
Science Physics	Atomic Structure	Microsoft Teams
Geography	Urban issues and Resource management	Microsoft Teams and Epraise
History	Overview revision of: Norman Conquest The Tower of London Making of America	Teams Quizlet BBC Bitesize Seneca
MFL- French	School and Education	Quizlet (and Seneca or Language Gym)
MFL- Spanish	Customs and Festivals	Quizlet (and Seneca or Language Gym)
Art	Complete Portrait Project paintings/sketchbooks. Start Other Cultures Project Research.	Microsoft Teams
Photography	Landscape Project Complete critical study work. Personal photoshoots and digital media experimentation.	Microsoft Teams
Drama	Component 3: Section A Hard to Swallow scripted exploration.	Quiz via Epraise file and email.
Music	Unit 1 BTEC Music Industry, Unit 2 Managing a Music Product & general music knowledge tasks.	Teams/Focus on Sound
Technology DT	NEA Preparation Core Knowledge •Energy •Electronic systems	Microsoft Teams
Technology Food	Nutritional value and cooking methods. menu planning. Environmental issues	Microsoft teams
Core PE	Personalised Exercise Programme Weekly Challenges Barriers to Participation KO	Microsoft Teams/miMove
GCSE PE	Paper 2 – Sports Psychology (new topic)	Microsoft Teams The Everlearner
OCR PE	R052 LO4 Coursework R051 LO2 Role of Sport in Promoting Values (new topic)	Microsoft Teams/OneDrive
BVC	Revision of the modules 'Christian Practices' and 'Religion and Life.'	Microsoft Teams Seneca
Computing	Legal / Ethical Issues	Seneca Learning and Epraise Quizzes