

HEALTH AND WELLBEING

RELATIONSHIPS

LIVING IN THE WIDER WORLD

Learning to live in a DIGITAL WORLD



covers physical AND mental health



PSHE

PERSONAL

SOCIAL

HEALTH

ECONOMIC

BELIEFS, VALUES AND CITIZENSHIP

+ RELATIONSHIPS & SEX EDUCATION



TEIGN SCHOOL



#Ready4TheWorld

PSHE Enrichment Day 10th November 2020



What is PSHE

PSHE stands for...

- Personal
- Social
- Health
- Economic

(Sometimes people call it PSHEE- Personal, Social, Health, Economic Education)



What am I taught in PSHE

PSHE education has three main focuses

- Health and Wellbeing
- Relationships
- Living in the Wider World



How is PSHE delivered at Teign

- In BVC Lessons- either one lesson per fortnight (Yr 7&8) or integrated into each topic studied (9-11)
- In tutorial sessions during registration. Each week has a theme which assemblies and tutorial sessions focus on
- Across the curriculum- Each subject delivers some PSHE within their topics (more info on this to come)
- During Enrichment Days like today



Why is PSHE important?

- PSHE education has proven impact on life chances and academic success (It helps you do better in school and in life)
- PSHE education helps to keep you safe, healthy and prepared for the realities of modern life.



Key features of the day

- Timings of the day remain the same including tutor time
- Sessions are delivered by tutors on a rotation
- Year 7 and 9 groups remain the same but 8,10,11 will have one group collapsed
- Year groups are allocated to blocks so that HOY can easily support throughout the day

Overview ENRICHMENT DAY:
Tuesday
10th November 2020

Please note
All tutor groups will register with their form tutor. During tutorial, tutors will give a brief overview of the day including a 'what is PSHE' activity and ensure each student receives a PSHE folder to take with them throughout the day

Breaks: According to split break timetable 4th form
Lunchtime: According to split lunch timetable

YEAR	Activity	STAFFING	Venues/Rooms	TIMING	NOTES
13	Living in the wider world (Part 1) - Online reputation in the work place - Recognising and building personal skills lesson - Aiming high (proactivity) - Big Data: Big what? - Putting enterprise skills into action - Staying positive (resilience)	SAS FR0 LFO SAN TFA JST	2 nd Form plus?	TEC	Check tutor days of work- Tuesday HEP for cover?
12					
11	Relationships - What is meant by Consent? - What is relationship abuse? - What is Forced marriage &	AKE MSE FR0 TME DBE	A block A9 A10 A11	See standard timings of the day (below)	FMG/DKU/MSI available to be for cover

Overview ENRICHMENT DAY:
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	FGM? - What are the issues surrounding sharing sexual images and pornography? - Where can I get support with relationships break ups?	AWI	A12 A14 A15		
10	Health and Wellbeing - How do we recognise mental ill health? - How can we promote emotional wellbeing? - How are drug and alcohol use represented in the media? - What is the impact of drug taking? - What is meant by County Lines?	CCH CMA MDW NBR CAK MBE SCO/LWO	Science Block SC1 SC2 SC4 SC5 SC6 SC7	See standard timings of the day (below)	RLC to be available for cover
9	Living Life to the Full- Mental Wellbeing Programme - What is a vicious thoughts cycle and 'The Ten a Day' - How can I identify and manage stress? - How can I turn negative thoughts positive? - How can I plan for healthy wellbeing? - What is 'bad thought busting'?	TLE NUO FCO MWO JMI	D Block D2 D3 D4 D5 D6	See standard timings of the day (below)	



Year group topics

- Year 7- Keeping Healthy (**J Block**)
- Year 8- First Aid (**K Block**)
- Year 9- Living Life to the Full- Emotional Wellbeing (**D Block**)
- Year 10- Mental Health and Wellbeing (**New Science Block**)
- Year 11- Relationships (**A Block**)
- Post 16- Living in the Wider World (Part 1)



How will I give feedback on the day?

During your final session, your teacher will get you to...

Check your ePraise messages



Messages

Show: Active & recently completed Subject Go

PSHE Enrichment Day 2 min

Mrs L Wagner

Find the new message on Rights Survey

Mrs L Wagner

Please select the form attached to give feedback on today's PSHE enrichment day

Open

Select this

PSHE Enrichment Day feedback- Year 10

This form is gather feedback on your understanding of PSHE. The questions aim to get your opinions but also check your understanding.

I can know what PSHE stands for?

Strongly agree
Agree
Disagree
Strongly Disagree

How is PSHE delivered at Trehg School?

In BVC only
On Enrichment days only
In tutorial time only
In all of the areas above including across other subjects

Complete the form

This form is gathering feedback on your understanding of PSHE. The questions aim to get your opinions but also check your understanding.

